

Consistent Quality with a Home-Baked Taste



## French Toast Brekkie

9124

1.5 oz. 96 ct./box

70% Whole Grain

### Nutritional Facts

#### French Toast Brekkie

Serving Size One Serving (42.5)  
Servings Per Container 1

Amount Per Serving

<b>Calories</b> 180	Calories from Fat 60	% Daily Value*
<b>Total Fat</b> 6g		<b>10%</b>
Saturated Fat 2g		<b>10%</b>
Trans Fat 0g		
Polyunsaturated Fat 1.5g		
Monounsaturated Fat 2.5g		
<b>Cholesterol</b> 10mg		<b>3%</b>
<b>Sodium</b> 180mg		<b>8%</b>
Potassium 80mg		<b>2%</b>
<b>Total Carbohydrate</b> 29g		<b>10%</b>
Dietary Fiber 2g		<b>8%</b>
Sugars 14g		
<b>Protein</b> 3g		<b>6%</b>
Vitamin A		8%
Vitamin C		0%
Calcium		2%
Iron		6%



**INGREDIENTS:** Whole Grain [Whole Grain Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Rolled Oats, Flaxseed Meal]; Sugar; Margarine (Soybean Oil, Palm Oil, Water, Salt, Butter, Sweet Cream Buttermilk Solids, Mono & Diglycerides, Soy Lecithin, Sodium Benzoate added as a preservative, artificial Butter Flavor, Beta Carotene, Vitamin A Palmitate added); Whole Eggs; Sugar; Water; Cinnamon Chips (Sugar, Palm Oil, Cinnamon, Nonfat Dry Milk, Soy Lecithin); Molasses; Carrots; Butter; Sanding Sugar (Sugar, Confectioners Glaze, Caranuba Wax); Baking Soda; Natural and Artificial Flavor; Salt; Cinnamon; Soy Lecithin; Soybean Oil.

Contains: Eggs, Wheat, Milk and Soy.

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